

## **Ushaw Moor**

- Walk straight ahead on the Deerness Valley Railway Path (DVRP) over the bridge and uphill until you come to a left turn.
- Turn left following the path until it meets another path. Turn right onto the path and follow it uphill as it curves around towards an open space.
- Follow the grassy path downhill between a wide gap in a hedgerow and then follow it until it returns you to the DVRP.
- Follow the DVRP left down over a bridge and up the other side.
  Continue along the DVRP passing under two bridges.
- Turn left at the sign for Flass Hall and Rag Path Wood.

- Follow the public footpath through a small gate and down the grassy bank passing a pond on your left. When you reach the bridge, cross it and turn right cross a stile and continue to the entrance of Rag Path Wood.
- Follow the path upwards through the wood (passing public footpath waymakrer and woodland trust sign) as it winds its way up to join a path at the top of the wood.
- Turn right onto the path and continue for a stretch until the path forks left and downhill to the right. Take the left path staying high.
- Follow path through the wood as it skirts around a huge part fallen tree and then onwards out of the wood until you reach a tree and small bench where several paths converge.

- Follow the path down the hill and pass through a gate. Continue downhill until you reach the bridge, cross it and turn right onto the DVRP again.
- Follow the DVRP back towards Ushaw Moor passing back under the two bridges until you reach a point where the path forks (there is a green sign with distance information) take the left path.
- Follow the path until you reach Deerness view Picnic area car park.
- Continue straight over the car park and follow a straight path along the top of the wood keeping fields visible to your left for the most part.
- When you come to a fork in the path turn left staying high until the path down to the riverbank and continue until it brings you back to the start point.

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Distance: 5.75 Miles

**Duration: 3 hours** 

Postcode: DH7 7PX

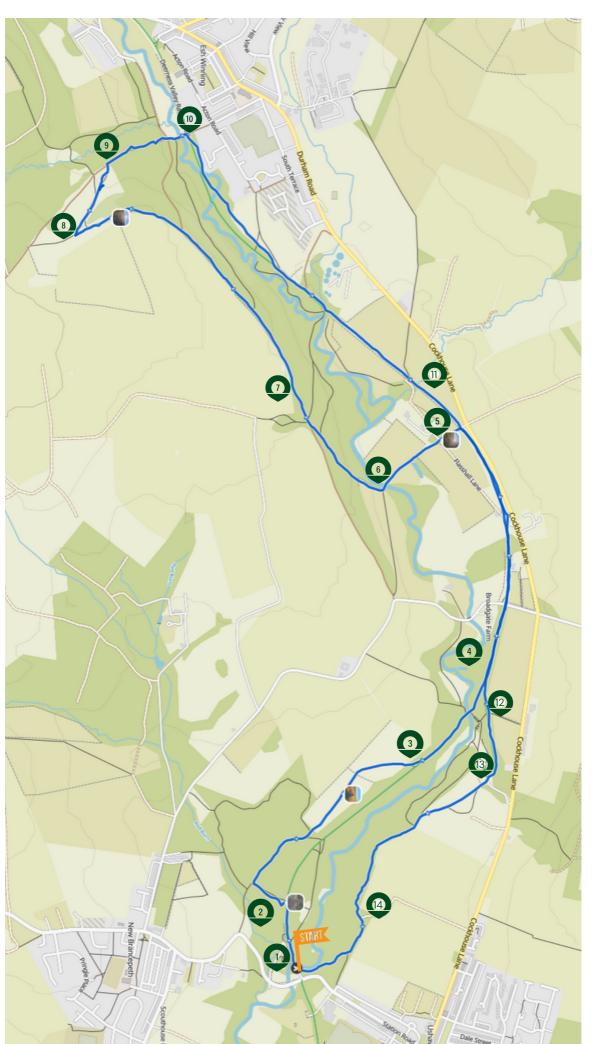
What to expect: Countryside walk along grassy paths, railway paths and woodland. This walk is mostly flat with only a few steady inclines.



WALK & TALK TRUST



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WALK & TALK